

CERTIFICATE

OF PARTICIPATION

This is to certify that

douma teeninga

Has successfully participated & completed the

10 km Adult Weekend Warrior Trail sponsored by Tru-Cape

held at Grabouw Country Club.

TIME 03:13:59

PACE 19:22/km

OVERALL 21 of 23

GENDER 14 of 14

60 - 69 1 of 1

11 May 2019, Sat

Date



BoutTime

Signature